



**Pacific Coast Speech** Services, Inc.

*Serving Southern California Schools for 25 Years.*

## **Pacific Coast Speech Services, Inc. June 2014**

Hooray for Summer! There is no better profession than ours to make a difference in students' lives. That said, how thrilled are you to take time to recharge and relax? How excited are you to see the cloudless skies instead of the Super Duper pragmatics cards? Smell sunscreen instead of antibacterial lotion? Listen to fireworks instead of distorted "s" and "z"? Ahhhh..... time for a break!!

With that in mind, here are some fun ideas for alternate summer plans that just might inspire you to go back to classes in the Fall with a new perspective!



### **VOLUNTEER**

How about Volunteering?

Looking for short term opportunities to volunteer as an individual or a family? [http://www.4goodcommunity.org/home\\_page.html](http://www.4goodcommunity.org/home_page.html) is a fantastic resource for LA based opportunities.

<http://www.oneoc.org/get-involved/> is a one stop resource center for Orange County with a calendar of suggestions on single days of service or ongoing commitments.

[www.dosomething.org](http://www.dosomething.org) focuses on volunteer opportunities for kids, but "Old People" (over 26) who believe in the power of youth are encouraged to participate. This organization has some great "home based" suggestions for summer enrichment. They also sponsor a text hot line where kids with a need to talk to a compassionate adult are supported - great idea!



PCSS staffers heartily endorse [Ted Talks](#) for short and painless brain expansion while doing dishes or straightening up your home! Some of the 2,000 talks relate directly to what we are passionate about as SLPs, such as:

[Temple Grandin on Autism](#)

[Amy Cuddy on Power Poses and Body Language](#)

[Jill Taylor on her Stroke and Recovery](#) (ASHA's keynote speaker)

Others will reshape your view of disability such as:

[Caroline Casey on Looking Past Limits](#) or

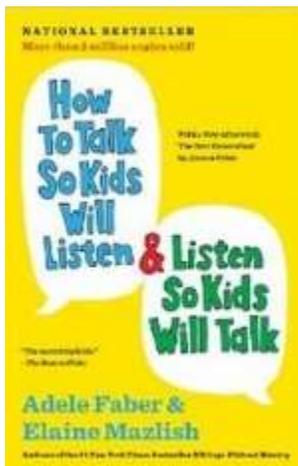
[Phil Hansen's Embrace the Shake](#)

Want to think about something completely different? It is summer, after all! Try Malcom Gladwell's talk on [Choice, Happiness and Spaghetti Sauce](#)! Sit back and watch your brain expand.

## TAKE A (Small) BITE OF TECHNOLOGY

If you are like us, you are impressed with what can be done with technology, but want to just take "little bites" that will immediately pay off in your personal or professional life. How about making a movie? Your students could make a "Content Trailer" for goals such as idioms, adjectives, or social skills. Alternatively, you could edit and put up that skydiving video! Here are [some samples](#) with many more available online. For step by step directions, [this may help](#).

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### READ A HELPFUL BOOK

Our top recommendation to parents, especially kids with language or behavior challenges. The simple but amazingly effective techniques (even comics!) are presented conversationally, making the book a quick read.

Available in Kindle and audio versions, the sections on simplifying language, avoiding power struggles, and freeing children from roles are some of our favorites and help with family and team members

too!

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### CF 303-READY FOR LAUNCH?

By now, most of you have graduated, and a good portion of you are anxiously awaiting the start of your school-based contract. Congratulations! Relax, rest, and.....fill in your training gaps. Where are they? Supervisors, how can you help them fill these gaps?

**Some of the our supervisor's most common reference recommendations for CF/RPE candidates are:**

\*[School Programs in Speech Language Pathology by Jean Blosser](#) for eligibility/discharge criteria, guidelines for service provision and much more

\*[School Aged Stuttering Therapy by Nina Reeves](#) for super practical methods and evaluation tips

\*[Website and Products by Michelle Garcia Winner's Group](#) for functional evaluation and treatment of social skills issues

\*[Pinterest Board of Lisa Varo](#) and other Pinterest SLPs for well organized practical information on a variety of topics.

\*[ASHA'S Special Interest Group 16](#) for constant learning on school-based issues such as workload, data collection, management of less common cases, and lots more. Join the email daily digest for small bites of new information every day!

One last piece of advice: connection is EVERYTHING. If you connect with your students/parents, connect with your team members, and connect with your supervisor, the specific skills will come.

We know you are still learning. Show us you are listening, look for ways to show gratitude for our help, and the road will smooth out. If something feels "wrong," check with your supervisor. Stay calm - you will get there! There are thousands of other SLPs who have made it through this first challenge, and survived to have long and fantastic careers!



**PCSS IS STAFFING FOR FALL**

PCSS is staffing for the Fall! Are you interested in supervising a new CF? Working part or full time? Considering where you would get the best supervision in a school setting?

We are seeking candidates to work [throughout our area of Southern California](#), especially along the 91 and 60 freeways. We also have several maternity leaves this year that need coverage. Interested? [Call or email us](#), or simply hit reply to this newsletter!!



## **Jokes for Kids**

We know your favorite part of our newsletter is the kid jokes, but did you know that you can get PCSS curated kid jokes on Twitter? Follow us on [@PCSSinSoCal](https://twitter.com/PCSSinSoCal) for a morning kid joke. Here are three of our recent favorites.

### **Why did the scientist go to the tanning salon?**

Because he was a paleontologist.

### **What is an astronaut's favorite place on a computer?**

The Space bar!

### **What did the fish say when he swam into the wall?**

Dam!