



Pacific Coast Speech Services, Inc.

Serving Southern California Schools for 25 Years.

September 2017

Hooray for the New School Year! Fast and effective tools to help serve your students are below! Keep reading!

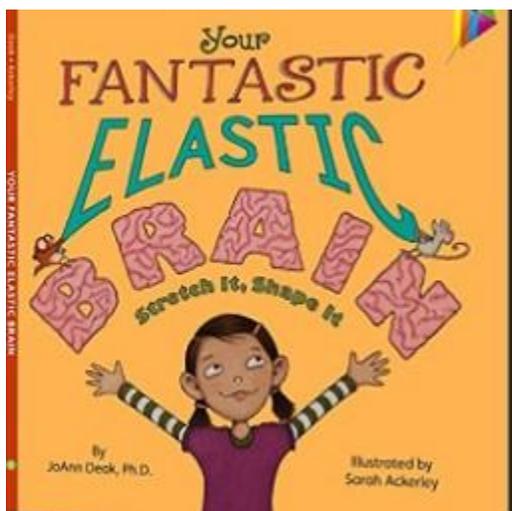


FEATURED BIG IDEA: FOSTERING A GROWTH MINDSET

If you are like our clinicians, you begin the year with new resolutions for streamlining work and improving your evidence based practice. This year, one of our goals is to develop a growth mindset in our kids (and ourselves!) As you may know, the term growth mindset was popularized by [Carol Dweck's Ted Talk](#) and [Angela Duckworth's Ted Talk](#), and has happily exploded into our schools.

As speech pathologists, we have many students who tell themselves they are "dumb" or "can't read" or "can't" How can we use language, and shifts in their self-talk to encourage them to embrace mistakes, persevere, and train their brain for growth?

In the sections below, you'll find links to some of our favorite resources.



FEATURED BOOKS FOR GROWTH MINDSET

[Beautiful Oops!](#) by Barney Saltzberg. This book is geared towards elementary school aged children and teaches that it is okay to make a mistake.

[Your Fantastic Elastic Brain Stretch It, Shape It](#) by JoAnn Deak. This book is

geared towards elementary school aged children and teaches the concept of the growth mindset.

[The Grit Guide for Teens](#) by Caren Baruch-Feldman. A workbook to help build perseverance, build self control and the growth mind set for middle and high school students.

Great additions to your school or classroom library!



FEATURED VIDEOS FOR A GROWTH MINDSET

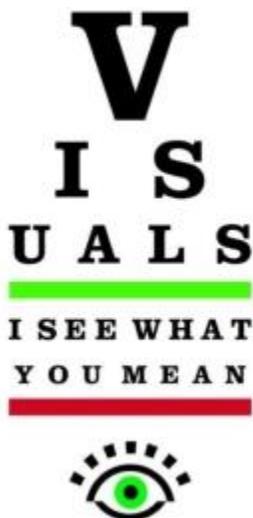
[Soar](#) An animated short about a young girl who helps a tiny boy to fly home before it is too late.

[Class Dojo Collection of Videos](#) on the growth mindset and how any student can learn this skill.

[Introduction to the Growth Mindset](#) Youtube video about the growth mindset for middle and high school aged students.

[TED talk on The Power of Belief](#) for higher functioning teens on the power of belief, mindset and success.

There are many more suggestions on Pinterest, TeachersPayTeachers, and Youtube. Let us know your favorites!



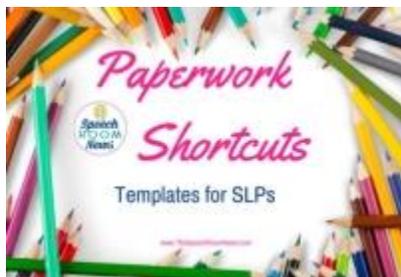
Featured Website: Using Visuals as Behavior and Collaboration Tools

The creators of the website North Star Paths have created free stop action videos and graphic charts, perfect for individual students or collaboration.

For example, here's a quick video on the [proper use of fidgets that clarifies the difference between a toy and a fidget](#). The concepts of mindfulness, fairness, universal access and other critical concepts are also addressed in short 2-minute videos.

North Star has excellent visuals to display on goals such as [improving self-regulation](#) and [8 keys to help children with Fetal Alcohol Syndrome](#) (applicable to others with language/attention issues.)

Thank you, North Star Paths, for the free and helpful resources!



STREAMLINING YOUR EVALUATIONS

How can we increase the efficiency of report writing? Answer: Templates and lists!

Thanks to [The Dabbling Speechie](#), we have a new [favorite speech and language report template](#) that includes updated paragraphs for almost every test we give. Scroll down the site

page to request the template by email (it arrives immediately.) Her blog has excellent content, including suggestions for CFs and their supervisors.

Thanks to the always fabulous Jenna Rayburn, who made [a simple list of her most frequent accommodations, educational impact statements, and teacher/parent suggestions](#) – and it's free!!



HELP WANTED!!!

Do you know of a high quality speech therapist who has “stopped out” and is interested in part time work? Pacific Coast Speech Services is a local, evidenced-based practice company that has been serving your community of Southern California for 30 years.

We have three openings for part time SLPs due to caseload expansions. If you know of an SLP who would be interested in working in Chino, Corona, or Escondido, we would LOVE to pay you a referral bonus!

Simply forward this newsletter to them! They can also contact [Louise Valente](mailto:lvalente@epcss.net) at lvalente@epcss.net, view our [Indeed listing](#) or view our website www.pacificcoastspeech.com to investigate/[apply](#).



Jokes for Kids

Enjoy these recently Tweeted jokes! We know they are your favorite part of our newsletter. Did you know you can follow [PCSS on Twitter](#) for a weekly dose of jokes?

What do you call a song about a tortilla? A wrap!

What language does a billboard speak? Sign Language!

What does a pig write with? A Pig Pen!

What is pink and fluffy? Pink Fluff!
